Brije the Gap Therapy, LLC

Being. Bridging. Becoming.

NOTICE OF PRIVACY PRACTICES

Effective date: October 21, 2026

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Privacy Contact: Brijet Beazer, LCSW, Privacy Officer
Brije the Gap Therapy, LLC | P.O. Box 57042, Salt Lake City, UT 84157
(801) 210-0589 | hello@brijethegap.com | https://brijethegap.com

Our duties

We are required to protect the privacy and security of your protected health information (PHI), provide this notice of our privacy practices, follow the notice currently in effect, and notify affected individuals as required if a breach of unsecured PHI occurs. We may revise this notice and apply the revised notice to information we already maintain. A current copy will be available on our website and on request.

How we may use or share your information

Treatment: We may use information to provide psychotherapy and coordinate care, such as consulting with another treating professional when legally permitted. Utah law and professional privilege rules may require additional permission or limit disclosure of mental health information.

Payment: We may use or disclose information for billing, collecting payment, and processing transactions, such as sending a statement or working with a payment processor. We operate as a private-pay practice; disclosures to an insurer for a client-provided superbill are addressed under applicable law and authorizations.

Health care operations: We may use information for practice management, quality improvement, compliance, security, and legally appropriate business associate functions, such as operating an electronic health record.

Other permitted or required disclosures: As applicable law allows or requires, information may be used or disclosed for certain public health reports, reporting suspected child abuse or abuse, neglect, or exploitation of vulnerable adults, health oversight, workers compensation, certain law enforcement purposes, judicial or administrative proceedings subject to applicable privileges and protections, responses to lawful orders, to avert serious threats where authorized, and other disclosures required by law. We disclose only what is authorized under HIPAA and any more protective Utah or federal law. A subpoena alone does not necessarily authorize disclosure of privileged therapy records.

Psychotherapy notes: Uses and disclosures of separately maintained psychotherapy notes generally require written authorization unless a HIPAA exception applies.

Other uses requiring authorization: Marketing uses or disclosures requiring authorization, the sale of PHI, and other uses not described in this notice require written authorization when applicable. You may revoke an authorization in writing, except to the extent action already has been taken in reliance on it.

Special protections for substance use disorder records

Certain records originating from federally assisted substance use disorder programs subject to 42 CFR Part 2 carry additional protections. If we receive or maintain such records, their use and disclosure must follow applicable Part 2 requirements. Such records or testimony about their contents generally may not be used or disclosed in civil, criminal, administrative, or legislative proceedings against you without qualifying consent or an appropriate court order and other legal process. Disclosures under a valid Part 2 consent for treatment, payment, and health care operations may be subject to redisclosure rules under HIPAA. Additional restrictions and rights may apply.

Your privacy rights

Access: You may request to inspect or receive a copy of your records, subject to applicable exceptions. We may charge a permissible cost-based fee.

Correction: You may ask us to amend information you believe is incorrect or incomplete; we may deny a request when legally permitted and will explain how to contest a denial.

Accounting: You may request a list of certain disclosures of your information as provided by law.

Restrictions: You may ask us to limit certain uses or disclosures. We are not generally required to agree, except that if you pay in full out of pocket for a service and request that we not disclose information about that service to your health plan for payment or operations, we must honor that request unless disclosure is required by law.

Confidential communications: You may request contact through a particular method or at a particular location. We will accommodate reasonable requests.

Paper copy: You may request a paper copy of this notice even if you agreed to receive it electronically.

Representative: A legally authorized personal representative may exercise rights for you as permitted by applicable law.

Questions about your rights: You have the right to discuss this notice with the Privacy Officer using the contact information above.

Choices and communications

We generally ask for permission where the law requires it before sharing information with family members, friends, or others involved in your care. We do not use your clinical information for promotional communications outside applicable law. Routine unencrypted email or text may carry privacy risks; the secure client portal is preferred for sensitive information.

Complaints and questions

If you believe your privacy rights have been violated, contact Brijet Beazer, LCSW, Privacy Officer, at (801) 210-0589 or hello@brijethegap.com. You may also file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, at https://www.hhs.gov/ocr/complaints/. We will not retaliate against you for filing a complaint.

Availability and acknowledgment

This notice is available upon request and will be posted prominently on our practice website. We will make a good-faith effort to obtain acknowledgment of receipt at the first service delivery, as applicable. Acknowledgment confirms receipt of this notice, not agreement to any particular treatment.